

| Content and Documentation Requirements | Level of Exam | Perform and Document |
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| | Problem Focused | One to five elements identified by a bullet. (4 bullets documented) |
| | Expanded Problem Focused | At least six elements identified by a bullet. |
| | Detailed | At least two elements identified by a bullet from each of six areas/systems |
| Comprehensive | OR at least twelve elements identified by a bullet in two or more areas/systems. At least two elements identified by a bullet from each of nine areas/systems. | |

System/Body Area

Elements of Examination

Constitutional

- Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)
- General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming

Eyes

- Inspection of conjunctivae and lids
- Examination of pupil and irises e.g. reaction to light and accommodation, size and symmetry
- Ophthalmoscopic examination of optic discs e.g. size, C/D ratio, appearance and posterior segments e.g. vessel changes, exudates, hemorrhages

Ears, nose, mouth & throat

- External inspection of ears and nose e.g. overall appearance, scars, lesions, masses
- Otoscopic examination of external auditory canals and tympanic membranes
- Assessment of hearing e.g. whispered voice, finger rub, tuning fork
- Inspection of nasal mucosa, septum and turbinates
- Inspection of lips, teeth and gums
- Examination of oropharynx: oral mucosa, salivary glands, hard and soft palates, tongue, tonsils and posterior pharynx

Neck

- Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus
- Examination of thyroid e.g. enlargement, tenderness, mass

Respiratory

- Assessment of respiratory effort e.g. intercostal retractions, use of accessory muscles, diaphragmatic movement
- Percussion of chest e.g. dullness, flatness, hyperresonance
- Palpation of chest e.g. tactile fremitus
- Auscultation of lungs e.g. breath sounds, adventitious sounds, rubs

Cardiovascular

- Palpation of heart e.g. location, size, thrills
- Auscultation of heart with notation of abnormal sounds and murmurs

Examination of:

- Carotid arteries e.g. pulse amplitude, bruits
- Abdominal aorta e.g. size, bruits
- Femoral arteries e.g. pulse amplitude, bruits
- Pedal pulses e.g. pulse amplitude
- Extremities for edema and/or varicosities

Chest (Breasts)

- Inspection of breasts e.g. symmetry, nipple discharge
- Palpation of breasts and axillae e.g. masses or lumps, tenderness

Gastrointestinal (abdomen)

- Examination of abdomen with notation of presence of masses or tenderness
- Examination of liver and spleen
- Examination for presence or absence of hernia
- Examination of anus, perineum and rectum, including sphincter tone, presence of hemorrhoids, rectal masses
- Obtain stool sample for occult blood test when indicated

System/Body Area

Elements of Examination

Genitourinary (male)

- Examination of the scrotal contents e.g. hydrocele, spermatocele, tenderness of cord, testicular mass
- Examination of the penis
- Digital rectal examination of prostate gland e.g. size, symmetry, nodularity, tenderness

Genitourinary (female)

- Pelvic examination (with or without specimen collection for smears and cultures) including:
- Examination of external genitalia e.g. general appearance, hair distribution, lesions and vagina e.g. general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele
 - Examination of the urethra e.g. masses, tenderness, scarring
 - Examination of the bladder e.g. fullness, masses, tenderness
 - Cervix e.g. general appearance, lesions, discharge
 - Uterus e.g. size, contour, position, mobility, tenderness, consistency, descent or support
 - Adnexa/parametria e.g. masses, tenderness, organomegaly, nodularity

Lymphatic

Palpation of lymph nodes in **two or more areas**:

- Neck
- Axillae
- Groin
- Other

Musculoskeletal

- Examination of gait and station
- Inspection and/or palpation of digits and nails e.g. clubbing, cyanosis, inflammatory conditions, petechiae, ischemia, infections, nodes

Examination of joints, bones and muscles of **one or more of the following six areas**: 1) head and neck, 2) spine, ribs and pelvis, 3) right upper extremity, 4) left upper extremity, 5) right lower extremity, 6) left lower extremity. The examination of a given area includes:

- Inspection and/or palpation with notation of presence of any misalignment, asymmetry, crepitation, defects, tenderness, masses, effusions
- Assessment of range of motion with notation of any pain, crepitation or contracture
- Assessment of stability with notation of any dislocation (luxation) subluxation or laxity
- Assessment of muscle strength and tone e.g. flaccid, cog wheel, spastic with notation of any atrophy or abnormal movements

Skin

- Inspection of skin and subcutaneous tissue e.g. rashes, lesions, ulcers
- Palpation of skin and subcutaneous tissue e.g. induration, subcutaneous tissue e.g. induration, subcutaneous nodules, tightening

Neurologic

- Test cranial nerves with notation of any deficits
- Examination of deep tendon reflexes with notation of pathological reflexes e.g. Babinski
- Examination of sensation e.g. by touch, pin, vibration, proprioception

Psychiatric

- Description of patient's judgment and insight
- Brief assessment of mental status including:
- Orientation to time, place and person
 - Recent and remote memory
 - Mood and affect e.g. depression, anxiety, agitation